



Enabling and preventing

Five Year Plan Outcome 6 Progress Update December 15

More people will take responsibility and manage their own health, care and support needs

What will be different?

- People taking responsibility for managing their own health and social care needs
- Good range of preventative services that means less people needing long term health and social care support - especially at crisis point
- People supported by their communities and voluntary sector
- More people taking part in sport and physical activity
- More people getting their health checks
- People managing their care and support with a direct payment
- People managing their care and support on line
- Less people reporting that they are socially isolated
- Reduced number of people dying from cardiovascular diseases

1. Encourage all residents to manage and improve their health

What have we be doing?

- Community consultation completed to inform the delivery of the new latent TB screening service
- Bowel cancer pilot underway in three GP practices to increase uptake and national bowel cancer awareness campaign in place
- Smoking cessation retender completed - cessation rates are in the top decile in England and prevalence rates show a 2% reduction over the course of the previous contract
- Childhood obesity rates in reception are now equal to the SE average for the first time since weighing and measuring began

What will we be doing?

- Implementing the Mental Health Change for Life project
- Funding achieved from NHS England for six projects for CAMHS transformation
- Implementing the CAMHS and the alcohol strategies
- The evidence based Campaign Against Living Miserably has been launched to reduce the risk of suicide

2. Target those individual at risk of poor health to become more active more often

What have we be doing?

- Development of a new community sports facility on the Arbour Park site commenced
- Leisure services becomes a national pilot for the commissioning of sport and physical activity with public health and ASC partners
- Ten new neighbourhood activity programmes launched in four priority wards
- New outdoor rowing and canoe centre on the Jubilee River opens
- Trained 16 residents to deliver exercise programmes enabling local communities to better manage their own health and well being
- Held 4 funding workshops for local community organisations attracting 28 participants enabling a greater awareness of opportunities for applying for external funding to support self help.
- Over the last 5 months supported groups securing over £60k of external grants to deliver programmes such as: tea and technology, support your neighbour scheme, health and wellbeing programmes, seated exercises, etc.

Target those individual at risk of poor health to become more active more often

What will we be doing?

- Langley Leisure Centre refurbishments works commence February 2016
- Cabinet reports presented for decision on new leisure centre, ice arena refurbishments and funding for the community sports facility phase 2
- Decision from Sport England on funding bids for new leisure centre and Langley Leisure Centre improvements due March 2016
- Worked with the Milan users, to support their transition from the Centre by:
 - Introducing users to new activities and opportunities
 - Starting new activities e.g. yoga sessions at Chalvey Community Centre.
 - Supported a successful bid to the health lottery that secured £25,000 over 2 to years to support the long term sustainability of the group
 - Creating an environment that increases the ability of individuals/groups manage their own care/health needs
- Commenced a community neighbourhood mapping exercise based on three geographical areas of the borough to enable future referrals to community groups aimed preventing residents entering the social care systems.

3. Develop preventative approaches to ensure that vulnerable people are more able to support themselves

What have we be doing?

- More people receiving reablement services - with an average of 96% still at home 90 days after discharge from hospital with reablement support
- Launched a new Information and advice via the Slough Services Guide
- New falls service developed under Better Care Fund (BCF) plan and reduction in Q3 in numbers of falls compared to baseline
- Identifying people with complex needs via a risk stratification project working with GP's - via the BCF plan
- Started a new recovery college / promoting physical activity for mental health service users

What will we be doing?

- Review of the range of intermediate care services to improve the service so more people benefit
- Implement the Carers strategy and plan so we find and support more carers
- Develop a prevention strategy that identifies the best value preventative approaches and services so more people benefit

4. Build capacity within the community and voluntary sector to enable more people to manage their own care needs

What have we be doing?

- Developed a new outcomes based strategy
- Re-commissioned the voluntary sector services against this strategy and award of the contract to the SPACE consortium

What will we be doing?

- Supporting the SPACE consortium and the rest of the voluntary sector over transition period
- Review and re-commissioning of advocacy services

5. Put in place new models of social care for adults with a focus on asset based approaches and direct payments

What have we be doing?

- New direct payments support services in place
- 204 people in receipt of a direct payment
- Re-assessing all people with care and support services under the Care Act
- 41 people with a learning disability supported to live in their own home
- Developing our new innovation approaches to change the way social care works
- Redesigning our commissioning team

What will we be doing?

- Start of new ASC front door on 6th Jan - with an asset based approach
- Working in partnership with a private developer for a new extra care housing facility
- Redesigning the learning disability in house provider service
- Redesigning housing related support services
- Increasing the number of people in receipt of continuing health care
- Redesigning the substance misuse services
- Implementing the ASC workforce strategy
- Implementing self service options for our clients and carers via ASC digital plan
- ASC staff working flexibly and using more mobile technology

6. Ensure people are at the centre of the adult safeguarding process and are supported to manage risks

What have we be doing?

- Ensuring we are compliant with new Care Act responsibilities
- Safeguarding adults board annual report published
- Increase of initial enquiries
- Reviews of all contracted services

What will we be doing?

- Updating the safeguarding adults board business plan
- Learning from recent safeguarding adults reviews
- Implementing Making Safeguarding Personal